

Handcart Trek News

February 28, 2017

98 Days to Trek

Cartersville Stake (cartersvilleyouth.org) **Register Now!**

Special Interest Articles

Trek Leader Message

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Pioneer Story of the Month

2017 Mutual Theme:

If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.

James 1:5-6

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“Read D&C 136 to prepare for this adventure. Those that were prepared were ready; those that did not prepare suffered much. Youth prepare! Be ready, this experience will be life changing. I testify of this. Pull together, angels will attend you.” -Elder Giddens, January 2005



Trek Leader Message

Some of my most memorable experiences in life have been the ones when things don't go exactly as planned, when everything was difficult and I wasn't sure I could make it any further. I've experienced unplanned adversity from big storms out in the ocean on my boat, to grueling hunts in the remote mountains of Wyoming or the stress of finding a job with a young family depending on my income. Whether we have physical, emotional or spiritual challenges, we can make it through those tough experiences by depending on the Lord, having faith in ourselves and asking for help from trusted friends and family members. When we finally emerge on the other side of the ravine, or from under the blanket of grief and suffering, we come out on the other side a stronger, more humble and resilient person.

Several times while in remote areas hunting and hiking, when my muscles were screaming from effort, when I was out of water, or when my food had run out, I've wondered how good of a pioneer I would have been. Would I have complained about my situation or my suffering and doubted that my prayers were being heard or would I have endured the trials with total faith knowing that Heavenly Father is with me and "All is Well". I would hope that I would have been one of those who "put his shoulder to the wheel" without complaint and did everything in my power to lift the burdens of those around me.

Ask yourself; "If I had been a pioneer, what would I have done in those circumstances?" I hope the answer would be like William R. Palmer who said, "Was I sorry that I chose to come by handcart? No. Neither then nor any minute of my life since. The price we paid to become acquainted with God was a privilege to pay, and I am thankful that I was privileged to come in the Martin Handcart Company."

I am excited about Trek not because I enjoy discomfort, but because it will be a challenge to our minds, bodies and spirits. It will help us know ourselves and our ability to endure and eventually conquer difficulties and adversity. As we prepare ourselves both physically and spiritually for this great adventure, we will create and forge friendships that will last a lifetime.

I look forward to the fun times and the challenging ones as well and getting to know each of you as we grow together on this journey.

President Peterson

Trek Prep

TARPS, TARPS, TARPS!!! If you don't have one or have never used one, Trek is a great opportunity for you to become acquainted with this very versatile piece of nylon. Rigging a tarp or a dining fly provides shelter from the wind and rain, and shade from the sun; and Trek promises to provide opportunities for all of the above. As tarps will be used to protect your equipment along the trail and the Priesthood will be using tarps as their primary sleeping shelter, we suggest and encourage you to become familiar with how to effectively secure a tarp using various knots. There are many online resources to teach even the novice "knot tier" how to properly secure a tarp, as well as a plethora of Boy Scouts in the area who would be happy to show off their knot tying skills. We suggest learning AND practicing AND perfecting the following knots (but feel free to come with more and show us what you know); sheet bend, square knot, taut-line hitch, half-hitch and bow-line. Remember, practice now so you don't suffer later!

Upcoming Events

11-Mar Mormon Prom

25-Mar General Women’s Broadcast

Be Working On Your Family History and Doing Baptisms For Your Ancestors

Reading Request

Please ponder on Elder Giddens quote

Begin or continue reading the Book of Mormon everyday

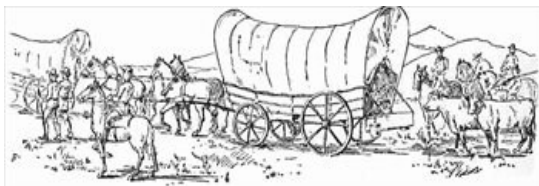
Keep up with reading assignments in Seminary and Sunday School



“The Spirit has confirmed to me the important responsibility we have to see that the legacy of faith of our pioneer forefathers is never lost. We can derive great strength, particularly our youth, from understanding our church history.”

-Elder M. Russell Ballard

-Ensign, Nov. 1995, pg. 6



Trekker Spotlight



No one ever plans for an emergency, but the Trek leadership has put together an amazing medical team to take care of more than just blisters.

The Medical Team Leader is **Tiffany Jensen** from the Rome Ward. Sister Jensen has 4 children and works as a School Nurse for Floyd County. She has spent 16 years of her nursing career in Pediatric ER’s and ICU’s. She and her husband, Gene, have been on two treks with the Augusta GA Stake, where they have recently moved from.

Other team members include **Kevin Ballard** from the Cedarcrest Ward, **Mike Schurdell** from the Cedarcrest Ward, **Erick Anderson** from the Rome Ward and **Amy Fleming** from the Etowah Valley Ward.

Bishop Ballard works as a Physicians Assistant at Resurgens Orthopedics. Brother Schurdell is an Anesthesiologist for the Physicians Spine and Rehabilitation Specialists of Georgia, in Rome. Brother Anderson works as an Emergency Room Physician for Floyd and Polk Hospitals. Sister Fleming is a Special Education Paraprofessional in Bartow County, working with children with Autism and Behavior Disorders.

Dutch Oven Recipe

Bacon Cheese Pull Aparts

14 Frozen Dinner Rolls, thawed

1/4 Cup Melted Butter

2 Cups Grated Cheddar Cheese

8 Pieces Cooked Bacon, broken into pieces

Use a 12” Dutch Oven.

Cut each roll in half. Pour butter into Dutch Oven. Roll cut rolls in butter until coated and arrange in Oven. Sprinkle with cheese and bacon.

Cover with lid and let rise until rolls are double in size.

Cook, using heated Briquets for a temperature of 350*; top 16, bottom 8. Cook for approximately 20-25 minutes.

Pioneer Story

Mary Goble was only 13 years old when she left England for America. While trekking west, three of her siblings and her mother passed away. At the end of the journey, Mary and her remaining two siblings all had frozen feet. She recalls seeing tears in Brigham Young’s eyes at the sight of them.

Mary’s feet were badly damaged from frostbite. The doctor wanted to cut them off at the ankle, but Brigham Young told him to cut only her toes off, promising Mary that no more would have to be removed. However, many months later, her feet still hadn’t improved. Mary went to the doctor who again said he needed to remove her feet at the ankle. She refused, remembering Brigham Young’s promise.

One day, Mary was crying from the pain of her feet when a little old woman came into her home. “She said she had felt that someone needed her there. I told her the promise that Brigham Young had made me. She made a poultice and put it on my feet, and every day she would come and change the poultice. At the end of three months my feet were well.” It was said to be a miracle.